



JULY
2017

Al-Anon & ALATEEN

MEETING DIRECTORY

updated Meeting Directory, area Events and Links [online](#)

WEB site: www.seattle-al-anon.org

Please Visit us for more information:

24-hour Information Phone Line:
(206) 625-0000

Web site:
www.seattle-al-anon.org

Greater Seattle Al-Anon Information Service
OFFICE & LITERATURE SALES

OPEN: Monday – Friday - 9:30 am - 3:30 pm
1402 3rd Ave. #803 - Seattle, WA 98101

Email: info@seattle-al-anon.org
Message / Fax: (206) 625-0018

SPANISH: Para comunicarse en Espanol (206) 625-0000
and request that a Spanish Speaker call you back.

Meeting Codes/Concurrent Meetings:

- O-Open to Observers**
- Ch-Child Care**
- H-Handicap Access**
- ASL:** American Sign Language

Meetings at the same time/location held in a different room

- AFG: Al-Anon Family Groups
- AC: Al-Anon Adult Children of Alcoholics
- AT: Alateen Meeting at the same time/location
- AL: Al-Anon Meeting at the same time/location
- AA: Alcoholics Anonymous Meeting
- *MA: Men only AA *WA: Women only AA

ALATEEN MEETINGS

MON	LAKE CITY A-T	
7:30 PM	Lake City Presbyterian Church, 3841 NE 123rd St	
AL	(meeting ends at 8:30) Dist# 21	Seattle WA 98125-5799
TUES	EASY A-T AFG	#30639096
7:30 PM	S. County Senior Ctr. 220 Railroad Ave (upstairs)	
H, AA, AL	Dist# 22	Edmonds WA 98020-4133
WED	AUBURN WED NITE A-T AFG	
8 PM	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
AL, AA	Dist# 14	Auburn, WA 98002
WED	COURAGE TO BE ME A-T AFG	
8 PM	Queen Anne Lutheran Church 2400 Eighth Ave W	
AL, AA	(meeting ends at 9:15pm) Dist# 20	Seattle WA 98119-2517
THUR	LAKE HILLS A-T AFG (Bellevue)	
7:30 PM	St. Andrew's Church 2650 - 148th Ave SE	
H,AA,AL	Dist# 16	Bellevue, WA 98007-6452

CENTRAL SEATTLE District 20

Madison Park--Capitol Hill--DowntownBelltown--Queen Anne--Magnolia

SUN	PATHWAYS TO RECOVERY AFG	#30536933
12 PM	Seattle Univ. Student Center-- 901 12th Ave (1st Floor, rm #122)	
O H	Dist# 20 step study—all welcome	Seattle WA 98122
MON	CAPITOL HILL AFG	#64446
12PM	St. Mark's Cathedral, 1245 10th Ave E. Adm. Off. Entrance, 2nd fl conf rm	
O 1st Monday	Dist# 20 (step, tradition, topic format) Seattle WA, 98102-4323	
	On Holidays, meets at Victrola Coffee Shop - 411 15th Ave E, Seattle	
MON	QUEEN ANNE MID DAY AFG	#62081
12 PM	First Free Methodist Church 3200-3rd Ave W (Glen room)	
H O	Dist# 20	Seattle WA 98119-1903
MON	MAGNOLIA MONDAY NIGHT AFG	#63177
7 PM	United Church of Christ 3555 W. McGraw	
O H 1 hour	Dist# 20	Seattle WA 98199-3213
TUE	OPENING OUR HEARTS AFG	#30614923
7 AM	Unity on Union Books, 2420 E Union (Central District)	
O 1 hour	Dist# 20	Seattle WA 98122-3046
TUE	MORNING SERENITY AFG	#30617450
7:30AM	Edgewood Services, The AGC bldg. 1200 Westlake Ave N Ste 508,	
1 hour	Dist# 20 (free parking before 9am, lot in front of Bldg) Seattle WA 98109	
TUE	SERENITY REFRESHER AFG (bring lunch!) 45 min Dist# 20	
12:05 PM	O H Vance Building 1402 3rd Ave #630	Seattle WA 98101
TUE	TUESDAY UNITY AFG	#30592290
7 PM	Unity on Union Books, 2420 E Union (Central District)	
O 1 hour	Dist# 20	Seattle WA 98122-3046
TUE	DENNY PARK FAMILY GROUP AFG	#30616500
7:30 PM	Denny Park Lutheran Church, 766 John St (Ring Bell)	
O 1 hour	Dist# 20	Seattle WA 98109
WED	QUEEN ANNE AFG	#14319
8 PM	Queen Anne Lutheran Church 2400 Eighth Ave W	
O, AA, AT	Dist# 20	Seattle WA 98119-2517
THUR	FOCUS ON GRATITUDE AFG	#30503143
7 AM	Seattle U Student Center, 901 12th Ave, 1st floor, Jolly Room #122	
O scent free	Dist# 20 (street parking)	Seattle WA 98122-4411
THUR	MAD. PARK-MADRONA AFG	#46407
7:30 PM	Epiphany Ch. 1805 38th Ave (near E. Denny)	
AC O last Th	Dist# 20	Seattle WA 98122-3447
FRI	LGBT FRIDAY NIGHT AFG (new location Jan 2017)	#14299
8 PM	Seattle Support Group 115 15th Ave E (rm #201-- the O'neil Room	
1 hour	Dist# 20 (gay/lesbian)	Seattle WA 98112
SAT	HOW IMPORTANT IS IT WOMEN AFG	#30578357
10:30 AM	Queen Anne Lutheran Ch- 2400 Eighth Ave W. (enter from McGraw Street)	
O H 1 hour	Dist# 20 meets upstairs in John room	Seattle WA 98119

All groups listed in this meeting directory are voting
members of the Al-Anon Information Service Council

AIS Council meeting is Every 2nd Thursday at 7:30pm
Holy Trinity Lutheran 8501 SE 40th St Mercer Island, WA
Call 206-625-0018 to attend electronically

LET IT BEGIN WITH ME... When anyone, anywhere reaches out for help

SUN	SUN AM FRESH START OPEN AFG	#43260
8:30 AM	UW Sch of Soc'l Work -4101 15th Ave NE. by campus	rm #301
O	ASL 1st & 3rd Sundays Dist# 20	Seattle WA 98105-6299
SUN	BALLARD SUN NITE OPEN AFG	#14300
7 PM	St Paul's United Church 6512 12th Ave NW	
O, H	Dist# 21	Seattle WA 98107
MON	HOPE FOR TODAY AFG (Mon, Wed, Fri)	#502461
7 AM	St Paul's United Church 6512 12th Ave NW	
O	Dist# 21	Seattle WA 98117
MON	3rd PLACE LITERATURE STUDY AFG	#30518096
4:30 PM	Lake Forest Park Presbyterian Ch, 17440 Brookside Blvd NE	
O	1 hr meeting Dist# 22 (no meeting on legal holidays)	Lake Forest Park WA 98155
MON	MEADOWDALE AFG (Edmonds) -Speaker on 5th Mon	#49029
7 PM	St Hilda's Episcopal Ch 15224 52nd Ave. W	
O	Dist# 22	Edmonds WA 98026-4304
MON	RICHMOND BEACH AFG	Dist# 22 #14320
7:30 PM	Ch of the Nazarene N 175th & Meridian Ave N	
AA, H, O	(1st, 3rd, 4th Mon) Closed Mtg 2nd Mon	Seattle WA 98133-5104
MON	SALMON BAY CANDLELIGHT AFG	#41889
7:30 PM	Ballard 1st Lutheran Church, Harvvik Hall, 2006 NW 65th St	
H	Dist# 21	Seattle WA 98117-5715
MON	LAKE CITY MONDAY NITE AFG	#44358
7:30 PM	Lake City Presbyterian Church, 3841 NE 123rd St	
O AT	Dist# 21 (1 block off Sandpoint Way)	Seattle WA 98125-5799
TUE	HIGHLANDS TUESDAY MORN AFG	#14311
10 AM	St Dunstan's Church, 722 N 145th St. (Paddington nursery entrance)	
H	Free Child Care Dist# 21	Seattle WA 98133-6502
TUES	KEEPING IT SIMPLE 2 AFG (use lot off 25th NE)	#30589803
6:30 PM	North Seattle Friends Church, 7740 24th Ave NE (Fireside Rm)	
O 1 hour	Dist# 21 (basement entry at back of church)	Seattle WA 98115
TUE	VIEW RIDGE OPEN AFG	#41334
7:30 PM	Sand Point Community Ch, 4710 NE 70th St	
H, O, AA	Dist# 21	Seattle WA 98115-6148
TUES	NORTHEND MEN'S AFG Shoreline/Bothell	#500659
7:30 PM	St David Emmanuel Episcopal Ch, 18842 Meridian N	
O	Dist# 22	Shoreline WA 98133-4223
TUES	EDMONDS AFG (upstairs)	#500668
7:30 PM	S. County Senior Ctr. 220 Railroad Ave	
O, H, AA, AT	Dist# 22	Edmonds WA 98020-4133
WED	HOPE FOR TODAY AFG (Mon, Wed, Fri)	#502461
7 AM	St Pauls United Church 6512 12th Ave NW	
O	Dist# 21	Seattle WA 98117
WED	FRIENDS AFG	30611010
6 PM	North Seattle Friends Church, Side Building at 7736 24th Ave NE	
O H 1 hour	Dist# 21	Seattle WA 98115
WED	SUNSET AFG	#14327
7 PM	Woodland Park Methodist Church 302 N 78th St	
O H	Dist# 21 (enter from rear parking lot)	Seattle WA 98103-4618
WEDS	WEDNESDAY BACK TO BASICS AFG	#501477
7 PM	Bethesda Lutheran Church 23406 56th Ave W	
O 1 hour meeting	Dist# 22	Mountlake Terrace WA 98043-5239
WEDS	ALDERWOOD AFG (speaker on 5th Wednesdays)	#30623421
7 PM	Maplewood Presbyterian Church 19523-84th W (corner of 196th)	
O H	Dist# 22 (meeting ends at 8:15pm)	Edmonds WA 98026-6105

THUR	STUDY/WRITE/SHARE AFG	#54484
11 AM	North Creek Presb. Ch, 621 164th St SE enter at back of church	
O H	Dist# 23 room #C-76	Mill Creek WA 98012-6303
THUR	TERRACE VIEW AFG (OPEN) - Speaker 3rd Thurs quarterly	#30760
7 PM	Gloria Dei Lutheran Church 3215 Larch Way	
H, O	Dist# 22 (Speaker Aug 16, Nov 15, 2017)	Lynnwood WA 98036
THUR	LAURELHURST THURSDAY EVE AFG	#46355
7:30 PM	St Stephens Episcopal Ch, (Parish Hall) 4805 NE 45th	
O, H, AC	Dist# 20	Seattle WA 98105-3803
THUR	FREMONT AFG (1st floor lounge- 1 hr meeting)	#30580844
7:30 PM	Fremont Baptist Ch, 717 N 36th	
O	Dist# 20	Seattle WA 98103-8804
FRI	HOPE FOR TODAY AFG (Mon, Wed, Fri)	#502461
7 AM	St Paul's United Church 6512 12th Ave NW	
O	Dist# 21	Seattle WA 98117
FRI	HIGHLANDS FRI AM AFG (Paddington nursery entrance)	#32362
10 AM	St Dunstan's Church, 722 N 145th	
O	Dist# 21	Seattle WA 98133- 6502
FRI	HOME AFG (Mill Creek)	#66661
7:00 PM	Advent Lutheran Ch, 4306 132nd St. SE (meeting in portable)	
O H	Dist# 23	Mill Creek WA 98012-8940
FRI	SEATTLE MEN'S AFG	#30582130
7:30 PM	Calvary Assembly, 6801 Roosevelt Way NE	
O H	Dist# 21	Seattle WA 98115
FRI	TGIF AFG Lynnwood/Edmonds	#14171
8 PM	Maplewood Presbyterian Church 19523-84th W (corner of 196th)	
H, Beg.	Dist# 22	Edmonds WA 98026-6105
SAT	SATURDAY AM FRESH START AFG	#48851
9:30 AM	Univ. Congregational Ch. 4515 16th Ave NE, Pilgrim Rm	
O	scent free (BASEMENT corner door at 16th Ave NE and NE 45th ST)	
O	Dist# 20 (park at lot on 16th across street)	Seattle WA 98105-4201
SAT	SATURDAY AFG RECOVERY	#42815
7:30 PM	Sandpoint Community Ch, 4710 NE 70th (enter NE corner)	
H	Dist# 21	Seattle WA 98115-6148

***Speakers meetings meet only ONE week each month**

SAT	M.E.S.H. - 2nd SAT SPEAKER AFG Dist# 22 (Only 2nd Sat)
7:30PM	St David Emmanuel Episc Ch. 18842 Meridian N, Shoreline WA
O H Monthly	(July 8, Aug 12, Sept 9, 2017) Shoreline WA 98133
SAT	2ND SAT SPEAKER AFG VOICES OF HOPE (Only 2nd Sat)
7 PM	Poulsbo 1st Lutheran Church 18920 4th Ave NE
O Monthly	Dist#26 (July 8, Aug 12, Sept 9, 2017) Poulsbo WA 98370
SAT	H.E.A.R. - 3rd SAT SPEAKERS AFG (Only 3rd Sat)
7:30 PM	The Hillside Church, 930 E James St
O H Monthly	Dist# 14 (July 15, Aug 19, Sept 16, 2017) Kent WA 98031

Principles above Personalities

Keep it Simple

VASHON ISLAND District 19

SUN	VASHON SUNDAY SIDE UP AFG	#30043
9:00 AM	Vashon Presbyterian. Ch., 17708 Vashon Hwy, upstairs belfry	
O, scent free	Dist# 19	Vashon WA 98070
TUES	VASHON ISLAND WOMEN'S AFG	#502955
6:30 PM	Episcopal Church of the Holy Spirit, 15420 Vashon Hwy SW	
O	frag'nce free Dist# 19	Vashon WA 98070
SAT	SATURDAY IN THE BELFRY AFG	#30556459
10 AM	Vashon Presbyterian. Ch., 17708 Vashon Hwy	
O Beginners	Dist# 19 (in the belfry-pull Cow Bell)	Vashon WA 98070

SPANISH MEETINGS NORTH Districts 23-24

FRI	GFA MT VERNON (New) (Spanish)
6 PM	Suite B, Next to Barber Shop., 1115 2nd Street
O	Spanish Dist# 24 Mt Vernon WA 98273
SAT	GFA UNA DIA LA VEZ (Spanish)
10:30 AM	Centro Latino DeRcursos: Our Savior's Luth 215 W Mukilteo Blvd
O	Spanish Dist# 23 Everett WA 98203-2057

SUN	ENUMCLAW SUNDAY NITE AFG	#53679
6 PM	Calvary Presb Ch Annex 1725 Porter St.—Annex behind the Church	
H AA	Dist# 14 (Beginners) Enumclaw WA 98022-3138	
SUN	AUBURN SUNDAY NIGHT AFG	#14111
7:30 PM	Holy Family Catholic 505-17th St SE	
H AA	Dist# 14 (enter Main Church on 17th St SE) Auburn WA 98002-6821	
MON	MONDAY MORN JUMP START AFG	#63297
10:30 AM	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
H AA	Dist# 14 Auburn WA 98002	
MON	MONDAY AT A TIME AFG (Burien)	30597929
1:30 PM	Highline United Methodist Church, 13015 1st Ave S	
O H 1 hour	Dist# 18 Burien WA 98168	
MON	SALTWATER AFG	#3051248
6:30 PM	Saltwater Unit-Univ Ch, 25701 14th Pl S	
O H	Dist# 14 Des Moines WA 98198	
MON	JUST FOR TODAY AFG (Federal Way)	#30512114
7 PM	Brooklake Community Ch. 629 S. 356th	
O AA	Dist# 14 Federal Way WA 98003	
MON	BURIEN TURNING POINT AFG -Speaker on 5th Mon	#49260
7 PM	St. Elizabeth's Episcopal Ch, 1005 SW 152nd, in the Library	
O H	Dist# 18 step/topic meeting Seattle WA 98166-6549	
MON	RENTON MONDAY NITE AFG	#50914
7 PM	Prichard Hall, 99 Wells Ave S	
O	Dist# 17 Renton WA 98057	
TUE	RENTON TUES MORN AFG (lower lot & entrance)	#14290
10 AM	1st United Methodist Ch, 2201 NE 4th St	
H	Dist# 17 Renton WA 98056	
TUE	TUESDAY REBOOT AFG (W. Seattle)	#30619812
12:45 PM	Limber Yoga, 6019 California Ave SW	
O H	Dist# 19 **WILL MEET ON JULY 4** Seattle WA 98136	
TUE	TUESDAY NITE LIVING THE LEGACIES AFG	#30629713
7 PM	Prichard Hall, 99 Wells Ave S. (Dist# 17) Renton WA 98057	
TUE	STEPS TO SERENITY AFG	#65354
7 PM	Des Moines Methodist Church, 22225 9th Ave S	
O H AA	Dist# 18 Des Moines WA 98198-6312	
TUE	PACIFIC PARENTS AFG	#30543700
7:30 PM	New Hope Lutheran Church, 603 3rd Ave SE	
O parents	Dist# 14 Pacific WA 98047-1431	
WED	WEDNESDAY MORN SUNSHINE AFG	#25474
10:30 AM	Light of Christ Church, 2400 SW 344th	
Free Child Care	Dist# 14 Federal Way WA 98023-3032	
WED	LET IT BEGIN WITH ME AFG (Burien)	#30600898
1:30 PM	Highline United Methodist, 13015 1st Ave S	
O H	Dist# 18 (use side entrance, basement) Burien WA 98168	
WED	MAPLE VALLEY WED NIGHT AFG -Behind church	Dist# 17 #62618
7 PM	Light of Life Lutheran, 28505 216th Ave SE, Covington	
O H	Behind church (Park paved area-follow sign to preschool) Kent WA 98042	
WED	EXPERIENCE, STRENGTH, HOPE AFG	#30519364
7 PM	Fairwood Comm United Methodist 15255 SE Fairwood Blvd	
O H	Dist# 17 Renton WA 98058	
WED	COURAGE TO CHANGE AFG	#62852
7 PM	Mt Baker Park Presby. Ch. 3201 Hunter Blvd S	
O	Dist# 19 Speaker every 4th Weds Seattle WA 98144	
WED	RENTON AFG (Adult Children focus) disbanded 6 '17	#35146
WED	AUBURN WEDNESDAY NIGHT AFG	#14109
8 PM	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
H, AA, AT	Dist# 14 Auburn WA 98002	
THUR	SOUND SERENITY AFG	#45476
12:30 PM	Grace Lutheran Church, 22975 - 24th Ave S	
H	Dist# 18 (side door @ N of church) Des Moines WA 98198-7109	
THUR	W SEA WOMEN LIVING IN FOCUS AFG	#44646
6:30 PM	Fauntleroy Church, 9140 California SW	
H	Free Child Care Dist# 19 Seattle WA 98136-2556	
THUR	RENTON THURSDAY NITE AFG	#14286
7:30 PM	Prichard Hall, 99 Wells Ave S	
	Dist# 17 Renton WA 98057-2153	
FRI	AUBURN FRIDAY AM AFG	#23848
10:30 AM	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
H AA	Dist# 14 Auburn WA 98002	
FRI	BURIEN FRIDAY NIGHT AFG (new location Jan 2017)	#14302
7:30 PM	St. Elizabeth Episcopal Church, 1005 SW 152nd,	
O H	Dist# 18 Seattle WA 98166	
FRI	KENT ALL MEN'S AFG	#14217
8 PM	Ch. of the Holy Spirit 310 S 3rd (library enter in back)	
O H	Dist# 14 Kent WA 98032-5863	
SAT	PATHS TO RECOVERY AFG (W. Seattle)	#63247
8 AM	St. John, 4210 SW Hanford-enter SE door on corner	
O	Dist# 19 Seattle WA 98116-3302	
SAT	WEST SEATTLE SAT. MORNING AFG	#37671
8:30 AM	Admiral Congregational Ch, 4320 SW Hill St (basement entry)	
O H	Free Child Care Dist# 19 Seattle WA 98116-1923	
SAT	CHANGING ATTITUDES AFG	#53678
9 AM	Wayside Ch of Christ, 2000 SW Dash Point Rd	
O Beg	Dist# 14 Federal Way WA 98023-51181	
SAT	SAT MORN OPEN BREAKFAST AFG	#66395
9:30 AM	Rainbow Café, 112 East main	
	Dist# 14 Auburn WA 98002-5411	
SAT	UPWARD BOUND AGAIN AFG	#14331
10 AM	Genesis Global Spirituality Center, 233 S. 156th St	
H	Dist# 18 Burien WA 98148	
SAT	EXPECT A MIRACLE AFG	#14216
10 AM	United Methodist Church, 11010 SE 248th	
O H	Dist# 14 Kent WA 98030-4925	
SAT	FOURTH STEP STUDY GROUP AFG	#501852
10 AM	Prichard Hall, 99 Wells Ave S	
	Dist# 17 Renton WA 98057-2153	
SAT	RENTON SAT MORNING AFG	#37673
10:30 AM	Valley Church, (rm #207) 16431 SE Renton-Issaquah Rd	
H	Dist# 17 Renton WA 98059-8312	

SPANISH MEETINGS SOUTH Districts 14-19

MON	SUELTA LAS RIENDAS Y ENTREGASELAS A DIOS	#64644
7 PM	Genesis Global Spirituality Center, 233 S. 156th St	
O	Spanish Dist# 18 step/topic meeting (starts 4/3) Burien WA 98148	
MON	GFA UN REGALO PARA MI (Spanish)	#30607125
7 PM	St Matthew Church 123 L Street NE	
O	Spanish Dist# 14 Auburn WA 98002	
TUE	VIDA NUEVA AFG (Spanish)	#65270
7 PM	Kent Lutheran Church, 336 2nd Ave S (use back door)	
O	Free Child Care Spanish Dist# 14 Kent WA 98032-5849	
WED	SOLO POR HOY AFG Spanish	#30591116
7 PM	1st United Methodist Ch., 2201 NE 4th - downstairs	
H	Spanish Dist# 17 Renton WA 98056-4073	
FRI	VIDA NUEVA AFG (Spanish)	#65270
7 PM	Kent Lutheran Church 336 2nd Ave S (use back door)	
O	Free Child Care Spanish Dist# 14 Kent WA 98032-5849	

Easy does it

Speakers Meeting: only 3rd Sat. Once a month (Jul 15, Aug 19, Sept 16, 2017)
SAT 7:30pm The Hillside Church 930 E James... Kent WA 98031

Un Dia a la Vez

Vive y deja vivir

SUN	SUNDAY NOONERS GRATITUDE AFG	#30608906
12 PM	Alano Club of the Eastside, 12302 NE 8th	
O H	Dist# 15 (Meeting ends 1:15pm) Bellevue WA	98005-3116
SUN	BOTHELL SUNDAY AFG	#41890
7 PM	First Lutheran Church, 10207 NE 183rd	
O	Fragrance Free Dist# 15	Bothell WA 98011-3417
MON	MONDAY NOONERS AFG	#30520789
12 PM	St Andrews Lutheran Church, 2650 148th Ave SE	
H 1 hour	Dist# 16	Bellevue WA 98007-6452
MON	BOTHELL MONDAY STUDY AFG	#31186
12:30 PM	Emanuel Presbyterian Church, 19540 104th Ave NE	
H O	Dist# 15	Bothell WA 98011
MON	LIVING IN THE SOLUTION MONDAY NIGHT AFG (Juanita) #49784	
7 PM	Holy Spirit Lutheran Church, 10021 NE 124th St, lower fellowship hall	
O H	Dist# 15 (use northend ramp to lower level) Kirkland WA	98034-6725
MON	BOTHELL MONDAY NIGHT AFG	#30631777
7 PM	Parkridge Community Church, 3805 Maltby Rd	
O AA	Dist# 23 (behind church, in annex building) Bothell WA	98012
MON	PARENTS FOR SERENITY AFG -Speaker on 5th Mon	#61342
7:30 PM	Holy Trinity Lutheran Church, 8501 SE 40th St	
O parents	Dist# 16	Mercer Island WA 98040-3625
MON	COAL CREEK AFG- (meets 1st floor, Main Cburch)	#33387
7:30 PM	Newport Covenant Church, 12800 Coal Creek Parkway SE	
AA	Dist# 16	Bellevue WA 98006
TUE	KIRKLAND TUE AFTERNOON AFG	#44099
12:30 PM	Kirkland Congregational Church, 106 5th Ave, rm 21	
O	Dist# 15	Kirkland WA 98033-6164
TUE	NEW HOPE AFG (book study Reaching for Personal Freedom) #62825	
7 PM	Unity Church of Bellevue, 16330 NE 4th	
H ends 8:15 pm	Dist# 16	Bellevue WA 98008
TUE	TUESDAY NITE GRATITUDE AFG	#52374
7:30 PM	United Methodist Church, 16540 NE 80th St	
O AA 1hour	Dist# 15	Redmond WA 98052-3951
TUE	SERENITY IN SNOQUALMIE AFG	#30657168
7 PM	St. Clare's Episcopal Church 8650 Railroad Ave (left side room)	
O 1 hour	Dist# 16	Snoqualmie WA 98065
TUE	BOTHELL TUESDAY NITERS AFG	#14130
7:15 PM	East Side 4-Square Church 14520 100th Ave NE	
AA O H	Free Child Care Dist# 15	Bothell WA 98011-4502
WED	MIDWEEK MEN'S AFG (Kirkland)	#53963
7:30 PM	Salt House Church 11920 NE 80th St	
O	Dist# 15	Kirkland WA 98033
WED	WEDNESDAY WOMEN'S AFG	#64991
7:00 PM	Kirkland Congregational Ch, 106 - 5th Ave, Rm. 21	
	Dist# 15	Kirkland WA 98033-6164
WED	NEWPORT STUDY AFG	#14122
8 PM	St. Margarets Episcopal, 4228 Factoria Blvd	
AA	Dist# 16 (basement, follow signs) Bellevue WA	98006-1929
THUR	ISSAQUAH DAY AFG	#14204
10 AM	Our Savior Lutheran Church, 745 Front S	
	Dist# 16	Issaquah WA 98027-4206

THUR	KIRKLAND THURDAY MORNING AFG	#14223
10 AM	Seventh Day Adventist Church, 6400—108th Ave NE	
H	Free Child Care Dist# 15	Kirkland WA 98033-7244
THUR	NEW HORIZONS AFG	#30537397
7 PM	Tolt Congregational Church, 4851 Tolt Ave	
O H	Beginners Dist# 15	Carnation WA 98014
THUR	BELLEVUE LAKE HILLS AFG	#14118
7:30 PM	St. Andrew's Church, 2650 - 148th Ave. SE	
O, AA, H, AT	Dist# 16	Bellevue WA 98007-6452
THUR	EASTSIDE PARENTS AFG (Issaquah)	#30522678
7:30 PM	Unity United Meth Church, 3924 Issaquah Pine Lake Road SE	
O parents	Dist# 16	Issaquah WA 98029-7259
FRI	FRIDAY NOONERS AFG	
12 PM	St Andrews Lutheran Church, 2650 148th Ave SE	
H	Dist# 16 1 hour meeting	Bellevue WA 98007-6452
FRI	KIRKLAND FRIDAY NIGHT LITERATURE STUDY AFG #14117	
6:30 PM	Lake. Washington United Methodist Church 7525 132nd Ave NE	
	Not Meeting July 7,14,21 Resumes July 28 Dist# 15	Kirkland, WA 98033
FRI	REDMOND FRIDAY NIGHT AFG	#14285
8 PM	Faith Lutheran Church, 9041-166th Ave. NE	
O, AA, H	Dist# 15 (downstairs and go thru the AA room) Redmond WA	98052
SAT	PEACE OF THE PROGRAM AFG (book study) #30671602	
8:30 AM	Sammamish Presby. Church 22522 NE Inglewood Hill Rd	
1 hr H O	Dist# 16 (in bldg B-across from church offices) Sammamish WA	98074
SAT	SEARCH FOR SERENITY AFG	#24759
10:30 AM	Alano Club of the Eastside, 12302 NE 8th	
O H Beg	Dist# 15	Bellevue WA 98005-3116

SPANISH MEETING EASTSIDE Districts 15-16

MON	GFA ESPERANZA	(SPANISH)
10AM	St Andrews Lutheran Church, 2650 148th Ave SE	
O Spanish	Dist# 16 Beginners	Bellevue WA 98007-6452
THURS	GFA HIJOS ADULTOS UNIDAD	(SPANISH)
7 PM	United Methodist Church 16540 NE 80th St (room #104)	
O H AC	Spanish Dist# 15	Redmond WA 98052-3951
FRI	GFA VIVE	(SPANISH) 30581849
7 PM	Jubilee Reach Center 14200 SE 13th Place	
O Spanish	Dist# 15 Beginners	Bellevue WA 98007

BAINBRIDGE ISLAND District 26

SUN	BAINBRIDGE SUNDAY MORN AFG	#49016
10 AM	Winslow Arms Apts Club House 220 Parfitt Way SW	
	Dist# 26 Step Study	Bainbridge Is WA 98110-2558
MON	BAINBRIDGE MONDAY NIGHT AFG	#53810
7:30 PM	St Barnabas Church (library) 1187 Wyatt Way NW @ Finch	
O	Dist# 26	Bainbridge Is WA 98110-2722
FRI	BAINBRIDGE ISLAND NOON AFG	#65350
12 PM	Bethany Lutheran Church, High School Rd & Finch	
	Dist# 26	Bainbridge Is WA 98110-2704

Phone Numbers

If you are considering using the Al-Anon program, you are welcome at ALL MEETINGS.

Every group invites Newcomers!!!

O—Open meeting: An open meeting welcomes visitors seeking information about Al-Anon as well as newcomers and members of Al-Anon

C—Closed meeting: A closed meeting is for Al-Anon members and prospective members only.

Anyone (including newcomers) who has been affected by someone else's drinking is welcome