



DECEMBER  
2017

Al-Anon & ALATEEN

MEETING DIRECTORY

updated Meeting Directory, area Events and Links [online](http://www.seattle-al-anon.org)

WEB site: [www.seattle-al-anon.org](http://www.seattle-al-anon.org)

Please Visit us for more information:

24-hour Information Phone Line: **206-625-0000**

Web site: [www.seattle-al-anon.org](http://www.seattle-al-anon.org)

Greater Seattle Al-Anon Information Service

**New Office Hours December 1, 2017**

OFFICE & LITERATURE SALES

**OPEN: Tues, Wed, Thurs – 9:30 am to 3:30 pm  
(Closed Mondays and Fridays)**

1402 3<sup>rd</sup> Ave. #803 - Seattle, WA 98101

Email: [ais@seattle-al-anon.org](mailto:ais@seattle-al-anon.org) Message: 206-625-0018

**SPANISH:** Para comunicarse en Espanol (206) 625-0000 and request that a Spanish Speaker call you back.

**Meeting Codes/Concurrent Meetings:**

**O-Open to Observers**

**Ch-Child Care**

**H-Handicap Access**

**ASL:** American Sign Language

Meetings at the same time/location held in a different room

AFG: Al-Anon Family Groups

AC: Al-Anon Adult Children of Alcoholics

AT: Alateen Meeting at the same time/location

AL: Al-Anon Meeting at the same time/location

AA: Alcoholics Anonymous Meeting

\*MA: Men only AA \*WA: Women only AA

**ALATEEN MEETINGS**

<b>MON</b>	LAKE CITY A-T	
<b>7:30 PM</b>	Lake City Presbyterian Church, 3841 NE 123rd St	
AL	(meeting ends at 8:30) Dist# 21	Seattle WA 98125-5799
<b>TUES</b>	EASY A-T AFG	#30639096
<b>7:30 PM</b>	S. County Senior Ctr. 220 Railroad Ave (upstairs)	
H, AA, AL	Dist# 22	Edmonds WA 98020-4133
<b>WED</b>	AUBURN WED NITE A-T AFG	
<b>7:30 PM</b>	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
AL, AA	Dist# 14	Auburn, WA 98002
<b>WED</b>	COURAGE TO BE ME A-T AFG	
<b>8 PM</b>	Queen Anne Lutheran Church 2400 Eighth Ave W	
AL, AA	(meeting ends at 9:15pm) Dist# 20	Seattle WA 98119-2517
<b>THUR</b>	LAKE HILLS A-T AFG (Bellevue)	
<b>7:30 PM</b>	St. Andrew's Church 2650 - 148th Ave SE	
H,AA,AL	Dist# 16	Bellevue, WA 98007-6452

**CENTRAL SEATTLE District 20**

Madison Park--Capitol Hill--DowntownBelltown--Queen Anne--Magnolia

<b>SUN</b>	PATHWAYS TO RECOVERY AFG	#30536933
<b>12 PM</b>	Seattle Univ. Student Center- 901 12th Ave (1st Floor, rm #122)	
O H	Dist# 20 step study—all welcome	Seattle WA 98122
<b>MON</b>	CAPITOL HILL AFG	#64446
<b>12PM</b>	St. Mark's Cathedral, 1245 10th Ave E. Adm. Off. Entrance, 2nd fl conf rm	
O 1st Monday	Dist# 20 (step, tradition, topic format) Seattle WA, 98102-4323	
	On Holidays, meets at Victrola Coffee Shop - 411 15th Ave E, Seattle	
<b>MON</b>	QUEEN ANNE MID DAY AFG	#62081
<b>12 PM</b>	First Free Methodist Church 3200-3rd Ave W (Glen room)	
H O	Dist# 20	Seattle WA 98119-1903
<b>MON</b>	MAGNOLIA MONDAY NIGHT AFG	#63177
<b>7 PM</b>	United Church of Christ 3555 W. McGraw	
O H 1 hour	Dist# 20	Seattle WA 98199-3213
<b>TUE</b>	OPENING OUR HEARTS AFG	#30614923
<b>7 AM</b>	Unity on Union Books, 2420 E Union (Central District)	
O 1 hour	Dist# 20	Seattle WA 98122-3046
<b>TUE</b>	MORNING SERENITY AFG	#30617450
<b>7:30AM</b>	Edgewood Services, The AGC bldg. 1200 Westlake Ave N Ste 508,	
1 hour	Dist# 20 (free parking before 9am, lot in front of Bldg) Seattle WA 98109	
<b>TUE</b>	SERENITY REFRESHER AFG (bring lunch!) 45 min Dist# 20	
<b>12:05 PM</b>	O H Vance Building 1402 3rd Ave #630 Seattle WA 98101	
<b>TUE</b>	TUESDAY UNITY AFG	#30592290
<b>7 PM</b>	Unity on Union Books, 2420 E Union (Central District)	
O 1 hour	Dist# 20	Seattle WA 98122-3046
<b>TUE</b>	DENNY PARK FAMILY GROUP AFG	#30616500
<b>7:30 PM</b>	Denny Park Lutheran Church, 766 John St (Ring Bell)	
O 1 hour	Dist# 20	Seattle WA 98109
<b>WED</b>	QUEEN ANNE AFG	#14319
<b>8 PM</b>	Queen Anne Lutheran Church 2400 Eighth Ave W	
O, AA, AT	Dist# 20	Seattle WA 98119-2517
<b>THUR</b>	FOCUS ON GRATITUDE AFG	#30503143
<b>7 AM</b>	Seattle U Student Center, 901 12th Ave, 1st floor, Jolly Room #122	
O scent free	Dist# 20 (street parking)	Seattle WA 98122-4411
<b>THUR</b>	MAD. PARK-MADRONA AFG	#46407
<b>7:30 PM</b>	Epiphany Ch. 1805 38th Ave (near E. Denny)	
AC O last Th	Dist# 20	Seattle WA 98122-3447
<b>FRI</b>	LGBT FRIDAY NIGHT AFG (new location Jan 2017)	#14299
<b>8 PM</b>	Seattle Support Group 115 15th Ave E (rm #201—the O'neil Room	
1 hour	Dist# 20 (gay/lesbian)	Seattle WA 98112
<b>SAT</b>	HOW IMPORTANT IS IT WOMEN AFG	#30578357
<b>10:30 AM</b>	Queen Anne Lutheran Ch- 2400 Eighth Ave W. (enter from McGraw Street)	
O H 1 hour	Dist# 20 meets upstairs in John room	Seattle WA 98119

All groups listed in this meeting directory are voting members of the Al-Anon Information Service Council

**AIS Council meeting is Every 2nd Thursday at 7:30pm**  
Holy Trinity Lutheran 8501 SE 40th St Mercer Island, WA  
Call 206-625-0018 to attend electronically

LET IT BEGIN WITH ME... When anyone, anywhere reaches out

<b>SUN</b>	SUN AM FRESH START OPEN AFG	#43260
<b>8:30 AM</b>	UW Sch of Soc'l Work -4101 15th Ave NE. by campus	rm #301
<b>O</b>	<b>ASL 1st &amp; 3rd Sundays</b> Dist# 20	Seattle WA 98105-6299
<b>SUN</b>	BALLARD SUN NITE OPEN AFG	#14300
<b>7 PM</b>	St Paul's United Church 6512 12th Ave NW	
<b>O, H</b>	Dist# 21	Seattle WA 98107
<b>MON</b>	HOPE FOR TODAY AFG (Mon, Wed, Fri)	#502461
<b>7 AM</b>	St Paul's United Church 6512 12th Ave NW	
<b>O</b>	Dist# 21	Seattle WA 98117
<b>MON</b>	3rd PLACE LITERATURE STUDY AFG Dist# 22	#30518096
<b>4:30 PM</b>	Lake Forest Park Presbyterian Ch, 17440 Brookside Blvd NE	
<b>1 hr</b>	(no meeting on legal holidays)	Lake Forest Park WA 98155
<b>MON</b>	MEADOWDALE AFG (Edmonds) -Speaker on 5th Mon	#49029
<b>7 PM</b>	St Hilda's Episcopal Ch 15224 52nd Ave. W	
<b>O</b>	Dist# 22	Edmonds WA 98026-4304
<b>MON</b>	RICHMOND BEACH AFG Dist# 22	#14320
<b>7:30 PM</b>	Ch of the Nazarene N 175th & Meridian Ave N	
<b>AA, H, O</b>	(1st, 3rd, 4th Mon) Closed Mtg 2nd Mon	Seattle WA 98133-5104
<b>MON</b>	SALMON BAY CANDLELIGHT AFG	#41889
<b>7:30 PM</b>	Ballard 1st Lutheran Church, Harvvik Hall, 2006 NW 65th St	
<b>H</b>	Dist# 21	Seattle WA 98117-5715
<b>MON</b>	LAKE CITY MONDAY NITE AFG	#44358
<b>7:30 PM</b>	Lake City Presbyterian Church, 3841 NE 123rd St	
<b>O AT</b>	Dist# 21 (1 block off Sandpoint Way)	Seattle WA 98125-5799
<b>TUE</b>	HIGHLANDS TUESDAY MORN AFG	#14311
<b>10 AM</b>	St Dunstan's Church, 722 N 145th St. (Paddington nursery entrance)	
<b>H</b>	<b>Free Child Care</b> Dist# 21	Seattle WA 98133-6502
<b>TUES</b>	KEEPING IT SIMPLE 2 AFG (use lot off 25th NE)	#30589803
<b>6:30 PM</b>	North Seattle Friends Church, 7740 24th Ave NE (Fireside Rm)	
<b>O 1 hour</b>	Dist# 21 (basement entry at back of church)	Seattle WA 98115
<b>TUE</b>	VIEW RIDGE OPEN AFG	#41334
<b>7:30 PM</b>	Sand Point Community Ch, 4710 NE 70th St	
<b>H, O, AA</b>	Dist# 21	Seattle WA 98115-6148
<b>TUES</b>	NORTHEND MEN'S AFG Shoreline/Bothell	#500659
<b>7:30 PM</b>	St David Emmanuel Episcopal Ch, 18842 Meridian N	
<b>Dist# 22</b>		Shoreline WA 98133-4223
<b>TUES</b>	EDMONDS AFG (upstairs)	#500668
<b>7:30 PM</b>	S. County Senior Ctr. 220 Railroad Ave	
<b>O, H, AA, AT</b>	Dist# 22	Edmonds WA 98020-4133
<b>WED</b>	HOPE FOR TODAY AFG (Mon, Wed, Fri)	#502461
<b>7 AM</b>	St Pauls United Church 6512 12th Ave NW	
<b>O</b>	Dist# 21	Seattle WA 98117
<b>WED</b>	FRIENDS AFG	30611010
<b>6 PM</b>	North Seattle Friends Church, Side Building at 7736 24th Ave NE	
<b>O H 1 hour</b>	Dist# 21	Seattle WA 98115
<b>WED</b>	SUNSET AFG	#14327
<b>7 PM</b>	Woodland Park Methodist Church 302 N 78th St	
<b>O H</b>	Dist# 21 (enter from rear parking lot)	Seattle WA 98103-4618
<b>WEDS</b>	WEDNESDAY BACK TO BASICS AFG	#501477
<b>7 PM</b>	Bethesda Lutheran Church 23406 56th Ave W	
<b>O 1 hour meeting</b>	Dist# 22	Mountlake Terrace WA 98043-5239
<b>WEDS</b>	ALDERWOOD AFG (speaker on 5th Wednesdays)	#30623421
<b>7 PM</b>	Maplewood Presbyterian Church 19523-84th W (corner of 196th)	
<b>O H</b>	Dist# 22 (meeting ends at 8:15pm)	Edmonds WA 98026-6105

<b>THUR</b>	STUDY/WRITE/SHARE AFG	#54484
<b>11 AM</b>	North Creek Presb. Ch, 621 164th St SE enter at back of church	
<b>O H</b>	Dist# 23 room #C-76	Mill Creek WA 98012-6303
<b>THUR</b>	TERRACE VIEW AFG (OPEN) - Speaker 3rd Thurs quarterly	#30760
<b>7 PM</b>	Gloria Dei Lutheran Church 3215 Larch Way	
<b>H, O</b>	Dist# 22 (Speaker Aug 16, Nov 15, 2017)	Lynnwood WA 98036
<b>THUR</b>	LAURELHURST THURSDAY EVE AFG	#46355
<b>7:30 PM</b>	St Stephens Episcopal Ch, (Parish Hall) 4805 NE 45th	
<b>O, H, AC</b>	Dist# 20	Seattle WA 98105-3803
<b>THUR</b>	FREMONT AFG (1st floor lounge- 1 hr meeting)	#30580844
<b>7:30 PM</b>	Fremont Baptist Ch, 717 N 36th	
<b>O</b>	Dist# 20	Seattle WA 98103-8804
<b>FRI</b>	HOPE FOR TODAY AFG (Mon, Wed, Fri)	#502461
<b>7 AM</b>	St Paul's United Church 6512 12th Ave NW	
<b>O</b>	Dist# 21	Seattle WA 98117
<b>FRI</b>	HIGHLANDS FRI AM AFG (Paddington nursery entrance)	#32362
<b>10 AM</b>	St Dunstan's Church, 722 N 145th	
<b>Dist# 21</b>		Seattle WA 98133- 6502
<b>FRI</b>	HOME AFG (Mill Creek)	#66661
<b>7:00 PM</b>	Advent Lutheran Ch, 4306 132nd St. SE (meeting in portable)	
<b>O H</b>	Dist# 23	Mill Creek WA 98012-8940
<b>FRI</b>	WALLINGFORD FRIDAY AFG	New Meeting
<b>7:00 PM</b>	Wallingford Presbyterian Ch 1414 N 42nd St (at Ashworth)	
<b>Dist# 20</b>	(enter back of church from parking lot)	Seattle, WA 98103
<b>FRI</b>	SEATTLE MEN'S AFG (New Location Nov 1, 2017)	#30582130
<b>7:30 PM</b>	North Minster Presbyterian Church 7706 25th Ave NW	
<b>O H</b>	Dist# 21	Seattle WA 98117
<b>FRI</b>	TGIF AFG Lynnwood/Edmonds	#14171
<b>8 PM</b>	Maplewood Presbyterian Church 19523-84th W (corner of 196th)	
<b>H, Beg.</b>	Dist# 22	Edmonds WA 98026-6105
<b>SAT</b>	SATURDAY AFG RECOVERY	#42815
<b>7:30 PM</b>	Sandpoint Community Ch, 4710 NE 70th (enter NE corner)	
<b>H</b>	Dist# 21	Seattle WA 98115-6148

**\*Speakers meetings meet only ONE week each month**

<b>SAT</b>	<b>M.E.S.H. - 2nd SAT SPEAKER AFG</b> Dist# 22 (Only 2nd Sat)
<b>7:30 PM</b>	St David Emmanuel Episc Ch. 18842 Meridian N, Shoreline WA
<b>O H Monthly</b>	(Dec 9, 2017, Jan 13, Feb 10, 2018) Shoreline WA 98133
<b>SAT</b>	<b>2ND SAT SPEAKER AFG VOICES OF HOPE</b> (Only 2nd Sat)
<b>7 PM</b>	Poulsbo 1st Lutheran Church 18920 4th Ave NE
<b>O Monthly</b>	Dist# 26 (Dec 9, 2017, Jan 13, Feb 10, 2018) Poulsbo WA 98370
<b>SAT</b>	<b>H.E.A.R. - 3rd SAT SPEAKERS AFG</b> (Only 3rd Sat)
<b>7:30 PM</b>	The Hillside Church, 930 E James St
<b>O H Monthly</b>	Dist# 14 (Dec 16, 2017, Jan 20, Feb 17, 2018) Kent WA 98031

**Recovery through our Legacies**

**Easy Does It**

**VASHON ISLAND District 19**

<b>SUN</b>	VASHON SUNDAY SIDE UP AFG	#30043
<b>9:00 AM</b>	Vashon Presbyterian. Ch., 17708 Vashon Hwy, upstairs belfry	
<b>O, scent free</b>	Dist# 19	Vashon WA 98070
<b>TUES</b>	VASHON ISLAND WOMEN'S AFG	#502955
<b>6:30 PM</b>	Episcopal Church of the Holy Spirit, 15420 Vashon Hwy SW	
<b>frag'nce free</b>	Dist# 19	Vashon WA 98070
<b>SAT</b>	SATURDAY IN THE BELFRY AFG	#30556459
<b>10 AM</b>	Vashon Presbyterian. Ch., 17708 Vashon Hwy	
<b>O Beginners</b>	Dist# 19 (in the belfry-pull Cow Bell)	Vashon WA 98070

**SPANISH MEETINGS NORTH Districts 23-24**

<b>FRI</b>	GFA MT VERNON (New) (Spanish)
<b>6 PM</b>	Suite B, Next to Barber Shop., 1115 2nd Street
<b>O Spanish</b>	Dist# 24 Mt Vernon WA 98273
<b>SAT</b>	GFA UNA DIA LA VEZ (Spanish)
<b>10:30 AM</b>	Centro Latino DeRcursos: Our Savior's Luth 215 W Mukilteo Blvd
<b>O Spanish</b>	Dist# 23 Everett WA 98203-2057

<b>SUN</b>	ENUMCLAW SUNDAY NITE AFG—New Location Dec 1 #53679	
<b>6 PM</b>	Hillside Community Church 24015 SE 436th Way	
<b>H</b>	Dist# 14 (Beginners) Enumclaw WA 98022	
<b>SUN</b>	AUBURN SUNDAY NIGHT AFG #14111	
<b>7:30 PM</b>	Holy Family Catholic 505-17th St SE	
<b>H AA</b>	Dist# 14 (enter Main Church on 17th St SE) Auburn WA 98002-6821	
<b>MON</b>	MONDAY MORN JUMP START AFG #63297	
<b>10:30 AM</b>	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
<b>H AA</b>	Dist# 14 Auburn WA 98002	
<b>MON</b>	MONDAY AT A TIME AFG (Burien) 30597929	
<b>1:30 PM</b>	Highline United Methodist Ch, 13015 1st Ave S	
<b>O H 1 hour</b>	Dist# 18 Burien WA 98168	
<b>MON</b>	SALTWATER AFG #3051248	
<b>6:30 PM</b>	Saltwater Unit-Univ Ch, 25701 14th Pl S	
<b>O H</b>	Dist# 14 Des Moines WA 98198	
<b>MON</b>	JUST FOR TODAY AFG (Federal Way) #30512114	
<b>7 PM</b>	Brooklake Community Ch. 629 S. 356th	
<b>O AA</b>	Dist# 14 Federal Way WA 98003	
<b>MON</b>	BURIEN TURNING POINT AFG -Speaker on 5th Mon #49260	
<b>7 PM</b>	St. Elizabeth's Episcopal Ch, 1005 SW 152nd, in the Library	
<b>O H</b>	Dist# 18 step/topic meeting Seattle WA 98166-6549	
<b>MON</b>	RENTON MONDAY NITE AFG #50914	
<b>7 PM</b>	Prichard Hall, 99 Wells Ave S	
<b>O</b>	Dist# 17 Renton WA 98057	
<b>TUE</b>	RENTON TUES MORN AFG (lower lot & entrance) #14290	
<b>10 AM</b>	1st United Methodist Ch, 2201 NE 4th St	
<b>H</b>	Dist# 17 Renton WA 98056	
<b>TUE</b>	TUESDAY REBOOT AFG (W. Seattle) #30619812	
<b>12:45 PM</b>	Fauntleroy Church (Library) 9140 California SW	
<b>O H</b>	Dist# 19 Seattle WA 98136	
<b>TUE</b>	TUESDAY NITE LIVING THE LEGACIES AFG #30629713	
<b>7 PM</b>	Prichard Hall, 99 Wells Ave S. (Dist# 17) Renton WA 98057	
<b>TUE</b>	STEPS TO SERENITY AFG #65354	
<b>7 PM</b>	Des Moines Methodist Church, 22225 9th Ave S	
<b>O H AA</b>	Dist# 18 Des Moines WA 98198-6312	
<b>TUE</b>	PACIFIC PARENTS AFG #30543700	
<b>7:30 PM</b>	New Hope Lutheran Church, 603 3rd Ave SE	
<b>O parents</b>	Dist# 14 Pacific WA 98047-1431	
<b>WED</b>	WEDNESDAY MORN SUNSHINE AFG #25474	
<b>10:30 AM</b>	Light of Christ Church, 2400 SW 344th	
<b>Free Child Care</b>	Dist# 14 Federal Way WA 98023-3032	
<b>WED</b>	LET IT BEGIN WITH ME AFG (Burien) #30600898	
<b>1:30 PM</b>	Highline United Methodist, 13015 1st Ave S	
<b>O H</b>	Dist# 18 (use side entrance, basement) Burien WA 98168	
<b>WED</b>	MAPLE VALLEY WED NIGHT AFG -Behind church Dist# 17 #62618	
<b>7 PM</b>	Light of Life Lutheran, 28505 216th Ave SE, Covington	
<b>O H</b>	Behind church (Park paved area-follow sign to preschool) Kent WA 98042	
<b>WED</b>	EXPERIENCE, STRENGTH, HOPE AFG #30519364	
<b>7 PM</b>	Fairwood Comm United Methodist 15255 SE Fairwood Blvd	
<b>O H</b>	Dist# 17 Renton WA 98058	
<b>WED</b>	COURAGE TO CHANGE AFG #62852	
<b>7 PM</b>	Mt Baker Park Presby. Ch. 3201 Hunter Blvd S	
<b>O *6pm Picnic Aug 16.</b>	(Speaker every 4th Weds) Dist# 19 Seattle WA 98144	
<b>WED</b>	AUBURN WEDNESDAY NIGHT AFG #14109	
<b>7:30 PM</b>	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
<b>H, AA, AT</b>	Dist# 14 Auburn WA 98002	
<b>THUR</b>	SOUND SERENITY AFG #45476	
<b>12:30 PM</b>	Grace Lutheran Church, 22975 - 24th Ave S	
<b>H</b>	Dist# 18 (side door @ N of church) Des Moines WA 98198-7109	
<b>THUR</b>	W SEA WOMEN LIVING IN FOCUS AFG #44646	
<b>6:30 PM</b>	Fauntleroy Church, 9140 California SW	
<b>H</b>	<b>Free Child Care</b> Dist# 19 Seattle WA 98136-2556	
<b>THUR</b>	RENTON THURSDAY NITE AFG #14286	
<b>7:30 PM</b>	Prichard Hall, 99 Wells Ave S	
<b>O</b>	Dist# 17 Renton WA 98057-2153	
<b>FRI</b>	AUBURN FRIDAY AM AFG #23848	
<b>10:30 AM</b>	Zion Lutheran Ch 1305 17th St SE (Auburn Way S at M Street)	
<b>H AA</b>	Dist# 14 Auburn WA 98002	
<b>FRI</b>	BURIEN FRIDAY NIGHT AFG (new location Jan 2017) #14302	
<b>7:30 PM</b>	St. Elizabeth Episcopal Church, 1005 SW 152nd,	
<b>O H</b>	Dist# 18 Seattle WA 98166	
<b>FRI</b>	KENT ALL MEN'S AFG #14217	
<b>7:30 PM</b>	Church of the Holy Spirit 310 S 3rd (library enter in back)	
<b>O H</b>	Dist# 14 Kent WA 98032-5863	
<b>SAT</b>	PATHS TO RECOVERY AFG (W. Seattle) #63247	
<b>8 AM</b>	St. John, 4210 SW Hanford-enter SE door on corner	
<b>O</b>	Dist# 19 Seattle WA 98116-3302	
<b>SAT</b>	WEST SEATTLE SAT. MORNING AFG #37671	
<b>8:30 AM</b>	Admiral Congregational Ch, 4320 SW Hill St (basement entry)	
<b>O H</b>	<b>Free Child Care</b> Dist# 19 Seattle WA 98116-1923	
<b>SAT</b>	CHANGING ATTITUDES AFG #53678	
<b>9 AM</b>	Wayside Ch of Christ, 2000 SW Dash Point Rd	
<b>O Beg</b>	Dist# 14 Federal Way WA 98023-51181	
<b>SAT</b>	SAT MORN OPEN BREAKFAST AFG #66395	
<b>9:30 AM</b>	Rainbow Café, 112 East main	
<b>O</b>	Dist# 14 Auburn WA 98002-5411	
<b>SAT</b>	UPWARD BOUND AGAIN AFG #14331	
<b>10 AM</b>	Genesis Global Spirituality Center, 233 S. 156th St	
<b>H</b>	Dist# 18 Burien WA 98148	
<b>SAT</b>	EXPECT A MIRACLE AFG #14216	
<b>10 AM</b>	United Methodist Church, 11010 SE 248th	
<b>O H</b>	Dist# 14 Kent WA 98030-4925	
<b>SAT</b>	FOURTH STEP STUDY GROUP AFG #501852	
<b>10 AM</b>	Prichard Hall, 99 Wells Ave S	
<b>O</b>	Dist# 17 Renton WA 98057-2153	
<b>SAT</b>	RENTON SAT MORNING AFG #37673	
<b>10:30 AM</b>	Valley Church, (rm #207) 16431 SE Renton-Issaquah Rd	
<b>H</b>	Dist# 17 Renton WA 98059-8312	

**SPANISH MEETINGS SOUTH** Districts 14-19

<b>MON</b>	GFA UN REGALO PARA MI (Spanish) #30607125
<b>7 PM</b>	St Matthew Church 123 L Street NE
<b>O</b>	<b>Spanish</b> Dist# 14 Auburn WA 98002
<b>TUE</b>	VIDA NUEVA AFG (Spanish) #65270
<b>7 PM</b>	Kent Lutheran Church, 336 2nd Ave S (use back door)
<b>O</b>	<b>Free Child Care Spanish</b> Dist# 14 Kent WA 98032-5849
<b>WED</b>	SOLO POR HOY AFG Spanish #30591116
<b>7 PM</b>	1st United Methodist Ch., 2201 NE 4th - downstairs
<b>H AC</b>	<b>Spanish</b> Dist# 17 Renton WA 98056-4073
<b>FRI</b>	VIDA NUEVA AFG (Spanish) #65270
<b>7 PM</b>	Kent Lutheran Church 336 2nd Ave S (use back door)
<b>O</b>	<b>Free Child Care Spanish</b> Dist# 14 Kent WA 98032-5849

*One Day at a Time*

*Un Dia a la Vez*

*Vive y deja vivir*

**Speakers Meeting:** only 3rd Sat. Once a month

(Dec 9, 2017 and Jan 20, Feb 17, 2018)

**SAT 7:30pm** The Hillside Church 930 E James... Kent WA 98031

<b>SUN</b>	SUNDAY NOONERS GRATITUDE AFG	#30608906
<b>12 PM</b>	Alano Club of the Eastside, 12302 NE 8th	
O H	Dist# 15 (Meeting ends 1:15pm) Bellevue WA	98005-3116
<b>SUN</b>	BOTHELL SUNDAY AFG	#41890
<b>7 PM</b>	First Lutheran Church, 10207 NE 183rd	
O	Fragrance Free Dist# 15	Bothell WA 98011-3417
<b>MON</b>	MONDAY NOONERS AFG	#30520789
<b>12 PM</b>	St Andrews Lutheran Church, 2650 148th Ave SE	
H 1 hour	Dist# 16	Bellevue WA 98007-6452
<b>MON</b>	BOTHELL MONDAY STUDY AFG	#31186
<b>12:30 PM</b>	Emanuel Presbyterian Church, 19540 104th Ave NE	
H O	Dist# 15	Bothell WA 98011
<b>MON</b>	LIVING IN THE SOLUTION MONDAY NIGHT AFG (Juanita) #49784	
<b>7 PM</b>	Holy Spirit Lutheran Church, 10021 NE 124th St, lower fellowship hall	
O H	Dist# 15 (use northend ramp to lower level) Kirkland WA	98034-6725
<b>MON</b>	BOTHELL MONDAY NIGHT AFG	#30631777
<b>7 PM</b>	Parkridge Community Church, 3805 Maltby Rd	
O AA	Dist# 23 (behind church, in annex building) Bothell WA	98012
<b>MON</b>	PARENTS FOR SERENITY AFG -Speaker on 5th Mon	#61342
<b>7:30 PM</b>	Holy Trinity Lutheran Church, 8501 SE 40th St	
O parents	Dist# 16	Mercer Island WA 98040-3625
<b>MON</b>	COAL CREEK AFG- (meets 1st floor, Main Cburch)	#33387
<b>7:30 PM</b>	Newport Covenant Church, 12800 Coal Creek Parkway SE	
AA	Dist# 16	Bellevue WA 98006
<b>TUE</b>	KIRKLAND TUE AFTERNOON AFG	#44099
<b>12:30 PM</b>	Kirkland Congregational Church, 106 5th Ave, rm 21	
O	Dist# 15	Kirkland WA 98033-6164
<b>TUE</b>	NEW HOPE AFG (book study Reaching for Personal Freedom) #62825	
<b>7 PM</b>	Unity Church of Bellevue, 16330 NE 4th	
H ends 8:15 pm	Dist# 16	Bellevue WA 98008
<b>TUE</b>	TUESDAY NITE GRATITUDE AFG	#52374
<b>7:30 PM</b>	United Methodist Church, 16540 NE 80th St	
O AA 1hour	Dist# 15	Redmond WA 98052-3951
<b>TUE</b>	SERENITY IN SNOQUALMIE AFG	#30657168
<b>7 PM</b>	St. Clare's Episcopal Church 8650 Railroad Ave (left side room)	
O 1 hour	Dist# 16	Snoqualmie WA 98065
<b>TUE</b>	BOTHELL TUESDAY NITERS AFG	#14130
<b>7:15 PM</b>	East Side 4-Square Church 14520 100th Ave NE	
AA O H	<b>Free Child Care</b> Dist# 15	Bothell WA 98011-4502
<b>WED</b>	MIDWEEK MEN'S AFG (Kirkland)	#53963
<b>7:30 PM</b>	Salt House Church 11920 NE 80th St	
O	Dist# 15	Kirkland WA 98033
<b>WED</b>	WEDNESDAY WOMEN'S AFG	#64991
<b>7:00 PM</b>	Kirkland Congregational Ch, 106 - 5th Ave, Rm. 21	
	Dist# 15	Kirkland WA 98033-6164
<b>WED</b>	NEWPORT STUDY AFG	#14122
<b>8 PM</b>	St. Margarets Episcopal, 4228 Factoria Blvd	
AA	Dist# 16 (basement, follow signs) Bellevue WA	98006-1929
<b>THUR</b>	ISSAQUAH DAY AFG	#14204
<b>10 AM</b>	Our Savior Lutheran Church, 745 Front S	
	Dist# 16	Issaquah WA 98027-4206

<b>THUR</b>	KIRKLAND THURDAY MORNING AFG	#14223
<b>10 AM</b>	Seventh Day Adventist Church, 6400—108th Ave NE	
H	<b>Free Child Care</b> Dist# 15	Kirkland WA 98033-7244
<b>THUR</b>	NEW HORIZONS AFG	#30537397
<b>7 PM</b>	Tolt Congregational Church, 4851 Tolt Ave	
O H	Beginners Dist# 15	Carnation WA 98014
<b>THUR</b>	BELLEVUE LAKE HILLS AFG	#14118
<b>7:30 PM</b>	St. Andrew's Church, 2650 - 148th Ave. SE	
O, AA, H, AT	Dist# 16	Bellevue WA 98007-6452
<b>THUR</b>	EASTSIDE PARENTS AFG (Issaquah)	#30522678
<b>7:30 PM</b>	Faith United Meth Church, 3924 Issaquah Pine Lake Road SE	
O parents	Dist# 16	Issaquah WA 98029-7259
<b>FRI</b>	FRIDAY NOONERS AFG	
<b>12 PM</b>	St Andrews Lutheran Church, 2650 148th Ave SE	
H	Dist# 16 1 hour meeting	Bellevue WA 98007-6452
<b>FRI</b>	KIRKLAND FRIDAY NIGHT LITERATURE STUDY AFG #14117	
<b>6:30 PM</b>	Lake. Washington United Methodist Church 7525 132nd Ave NE	
	Dist# 15 (last meeting Dec 19, 2017) Kirkland, WA	98033
<b>FRI</b>	REDMOND FRIDAY NIGHT AFG	#14285
<b>8 PM</b>	Faith Lutheran Church, 9041-166th Ave. NE	
O, AA, H	Dist# 15 (downstairs and go thru the AA room) Redmond WA	98052
<b>SAT</b>	PEACE OF THE PROGRAM AFG (book study) #30671602	
<b>8:30 AM</b>	Sammamish Presby. Church 22522 NE Inglewood Hill Rd	
1 hr H O	Dist# 16 (in bldg B-across from church offices) Sammamish WA	98074
<b>SAT</b>	SEARCH FOR SERENITY AFG	#24759
<b>10:30 AM</b>	Alano Club of the Eastside, 12302 NE 8th	
O H Beg	Dist# 15	Bellevue WA 98005-3116

**SPANISH MEETING EASTSIDE Districts 15-16**

<b>MON</b>	GFA ESPERANZA	(SPANISH)
<b>DISBANDED 12/18/17</b> was at St Andrews Lutheran Church,		
<b>THURS</b>	GFA HIJOS ADULTOS UNIDAD	(SPANISH)
<b>7 PM</b>	United Methodist Church 16540 NE 80th St (room #104)	
O H AC	<b>Spanish</b> Dist# 15	Redmond WA 98052-3951
<b>FRI</b>	GFA VIVE	(SPANISH) 30581849
<b>7 PM</b>	Jubilee Reach Center 14200 SE 13th Place	
O <b>Spanish</b>	Dist# 16 Beginners	Bellevue WA 98007

**BAINBRIDGE ISLAND District 26**

<b>SUN</b>	BAINBRIDGE SUNDAY MORN AFG	#49016
<b>10 AM</b>	Winslow Arms Apts Club House 220 Parfitt Way SW	
	Dist# 26 Step Study	Bainbridge Is WA 98110-2558
<b>MON</b>	BAINBRIDGE MONDAY NIGHT AFG	#53810
<b>7:30 PM</b>	St Barnabas Church (library) 1187 Wyatt Way NW @ Finch	
O	Dist# 26	Bainbridge Is WA 98110-2722
<b>FRI</b>	BAINBRIDGE ISLAND NOON AFG	#65350
<b>12 PM</b>	Bethany Lutheran Church, High School Rd & Finch	
	Dist# 26	Bainbridge Is WA 98110-2704

**Phone Numbers**

If you are considering using the Al-Anon program, you are welcome at ALL MEETINGS.

Every group invites Newcomers!!!

O—Open meeting: An open meeting welcomes visitors seeking information about Al-Anon as well as newcomers and members of Al-Anon

C—Closed meeting: A closed meeting is for Al-Anon members and prospective members only.

Anyone (including newcomers) who has been affected by someone else's drinking is welcome