



BITS

Sept
2017

Greater Seattle Al-Anon Intergroup Council Inc.
1402 3rd Ave Ste 803 — Seattle WA 98101-2118

September Al-Anon Recovery Events



Seattle Fall Conference
September 30, 2017
Saturday from Noon to 9pm
Spiritual Awakening

Ballard Church
1460 NW 73rd St, Seattle WA 98177

Al-Anon events provide a great opportunity to “grow your recovery”. Often the day starts with fellowship, hospitality (food and beverages), and proceeds to meetings, panels, and speakers.

The oldest such event is the Burien Little Assembly, which has taken place every March for 40 years. This event provides a full day of recovery thanks to the efforts of District 18 (Burien) or District 19 (West Seattle). A Day in Al-Anon is a special event done on the Eastside in April. In addition to these long-standing events an Al-Anon group or District may do such a gathering as a service project. These are listed on page 7 of the BITS and on the WEB events page.

September offers the WA area Speaker Convention, September 8 and 9, as well as the long standing favorite, Serenity on the Sound, on September 15th. The Al-Anon program at the Seattle Fall Conference is on September 30. This year it features an afternoon of meetings and panels. The program committee is developing a great recovery day AND a template for districts to continue Al-Anon at this event for years to come.

This fledgling conference is FREE... 7th tradition only...
and asks that you register so food can be planned for the dinner.

Please register: www.seattlefallconference.com

Al-Anon: Kim H fallconference@seattle-al-anon.org
Questions or to be of service: 206-625-0018 AIS office

WEB Site Update:

The Web Committee, working on a new website for AIS, has been busy. Our current site was created many years ago and has a plethora of excellent information. If you have not visited our current site, please check it out at www.seattle-al-anon.org. It is the best place to get up-to-date meeting information and check out upcoming events. You can print event flyers from the site rather than wait to get them at a Group, District, or Council meeting. It also has AIS office information such as our office hours, holiday closures schedule, and up-to-date bylaws. It is also the place to download a literature order form.

The current site has served us well, but it is now dated in its ability to work well on mobile devices – which is the most prevalent way people search for information. Some exciting features of the new website will include an improved welcome experience for the families of alcoholics per Tradition 5; an improved meeting search feature with maps and directions; an alternative Spanish language homepage; easy to find event information; and, hopefully, an ecommerce section so Al-Anon Approved Literature can be purchased online from AIS.

A primary goal of the committee is to make the site easy to maintain so it can be counted on to provide the absolute most current information about meetings and activities in the Greater Seattle area served by AIS. This is an important factor. AIS relies on the service of our dedicated volunteers to perform many of the office functions. There are not sufficient funds to have a professional aiding in multiple updates and in troubleshooting.

A Paddle Raiser to help fund the development of the new site will be held at our AIS Annual Fall Auction on October 28th.

If there is a particular feature that you would like to see on our new site that is not on our current site, please send an email to vicechair@seattle-al-anon.org. If you have expertise in site development, especially with an ecommerce element, and would like to give input, please contact that same email address.

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Washington Area Speakers Convention

Haven't registered for the Washington Area Speakers Convention yet?

No worries -- just COME!

September 8-9, Friday night and all day Saturday, come to Green River College to hear wonderful speakers, engage in inspiring workshops in English or Spanish, and enjoy warm fellowship! Special keynote speaker Mary G (WSO's Interim Executive Director) will lead a workshop on Saturday morning and also share her story on Saturday night.

*Grow like a "Tree of Recovery" at the 2017
Washington Area Speakers Convention!*

District Representative Information - District and AIS Meetings

14	Eliza D	206-625-0018 district14@seattle-al-anon.org	4th Mon 7:00 pm	Holy Family Catholic Church 505 17 th St. SE, Auburn	Auburn
15	William W	206-625-0018 district15@seattle-al-anon.org	3rd Sat 8:30 am	Grace Lutheran Church 9625 NE 8th St, Bellevue	Redmond/ Kirkland/Bellevue
16	Barbara P	206-625-0018 district16@seattle-al-anon.org	3rd Sat 8:30 am	Meets with District 15 (see above)	Bellevue/ Issaquah
17	Katharine R	206-625-0018 district17@seattle-al-anon.org	1st Thur 6:30 pm	Pritchard Hall 99 Wells Ave South, Renton	Renton
18	Grita P	206-625-0018 district18@seattle-al-anon.org	1st Wed Time: TBA	Call or email Grita	Burien
19	Linda H	206-625-0018 district19@seattle-al-anon.org	3rd Sun 7:00 pm	Call or email Linda	West Seattle
20	Denise A	206-625-0018 district20@seattle-al-anon.org	2nd Mon 7:00 pm	Denny Park Lutheran 766 John St, Seattle	Seattle Arrive early for easy entry
21	Gary H	206-625-0018 district21@seattle-al-anon.org	1st Tues 6:30 pm	Calvary Christian Assembly 6801 Roosevelt Wy NE, Seattle	Ballard/Shoreline/ Lake City
22	Lynn T	206-625-0018 district22@seattle-al-anon.org	3rd Tues 6:30-8:00 pm	St. David Emmanuel Episcopal 18842 Meridian Ave N, Shoreline	Edmonds/Lynnwood (Thru glass doors/ nursery)
AIS	Anessa N	206-625-0018 chair@seattle-al-anon.org	2nd Thurs 7:30-9:00 pm	Holy Trinity Lutheran (upper lot) 8501 SE 40th, Mercer Island	All of King County

2017 AIS Officers and Coordinators

Chair	Anessa N	206-625-0018	chair@seattle-al-anon.org
Vice Chair	Gordy B	206-625-0018	vicechair@seattle-al-anon.org
Secretary	Soren S	206-625-0018	secretary@seattle-al-anon.org
Treasurer	Geri O	206-625-0018	treasurer@seattle-al-anon.org
Alateen Coord.	OPEN	206-625-0018	alateen@seattle-al-anon.org
Archivist	Abby H	206-625-0018	archives@seattle-al-anon.org
BITS Editor	Allen L	206-625-0018	bits@seattle-al-anon.org
BITS Mailing Coord.	Charlene T	206-625-0018	mailing@seattle-al-anon.org
Fundraising Coord.	Mary R	206-625-0018	thespark@seattle-al-anon.org
Literature Coord.	OPEN	206-625-0018	literature@seattle-al-anon.org
Office Manager	Sandy L	206-625-0018	ais@seattle-al-anon.org
Parliamentarian	Chris G	206-625-0018	parliamentarian@seattle-al-anon.org
Policy Coord.	Bob F	206-625-0018	policy@seattle-al-anon.org
Outreach Coord.	Karen & Ann	206-625-0018	outreach@seattle-al-anon.org
Speakers Bureau, East	Kathy C	206-625-0018	speakereast@seattle-al-anon.org
Speakers Bureau, South	Bruce S	206-625-0018	speakersouth@seattle-al-anon.org
Speakers Bureau, North	Scott B	206-625-0018	speakernorth@seattle-al-anon.org
Volunteer Coord.	OPEN	206-625-0018	volunteers@seattle-al-anon.org
Web Editor	Pene K	206-625-0018	web@seattle-al-anon.org

NEEDED!

Archivist

Volunteer
Coordinator

(Oversees scheduling of
24/7 phone volunteers)

Literature
Coordinator

Daily Phone
Schedulers

Office & Phone
Volunteers

Contact:
Anessa N
AIS Chair

THANK YOU!

Contact the AIS Office

ais@seattle-al-anon.org
24 Hour Phone Line: 206.625.0000
Office Message Line: 206.625.0018
Website: www.seattle-al-anon.org

Office Hours: Monday through Friday
9:30am - 3:30 PM
Office Address: 1402 3rd Ave #803

NOTES from the Chair

Dear Greater Seattle Al-Anon Community:

As summer is winding down, are you thinking about service? Please do... we have several open positions at AIS and the term for 2017 is not much longer so perhaps now is a good time to try something out with just a few months commitment! We need a Volunteer Coordinator to schedule/ train phone and office volunteers, an Alateen Coordinator and a Literature Coordinator. Keep in mind that AIS elections are coming up in November - many other opportunities for service! If you want to learn more about these opportunities, please email me at chair@seattle-al-anon.org.

I would like to remind our members that AIS seeks your input and participation so we can better serve you and operate in a healthy and democratic way in keeping with our Traditions and Concepts of Service. Greater Seattle AIS serves Districts 14-22 meets as a council every month the 2nd Thursday each month on Mercer Island. All are welcome to attend and participate. Alt GRs and other AIS members holding service positions have voting rights, but the group conscience is informed by all in attendance. Please consider dropping by or attending regularly to add your group's voice to the conversation.

AIS also holds quarterly board meetings which are intended to provide bigger picture guidance and vision for the Council. Alt DRs and other AIS members holding service positions have voting rights at Board meetings. The next board meeting is September 23rd at 1pm at the Northeast Seattle Public Library branch, again all are welcome to participate. There are many changes a brewing with AIS: a new website, searching for new office space, and greater focus on outreach and communicating with our membership. We recognize the need to attract new and younger members and need your service. Will you help ensure Al-Anon continues and grows to be available for the future?

Yours in service,

Anessa N,
 AIS Chair
 206-625-0018
chair@seattle-al-anon.org

A 12th Step Request

A Mandarin speaking woman in Federal Way is reaching out for help. If you know of an Al-Anon member who speaks Mandarin (Chinese) please connect them with them with Allen L. (bits@seattle-al-anon.org) or call the AIS office at 206.625.0018

NOTES from the OFFICE

Greetings from the Office

September is the kick-off month for great recovery and gratitude events. Please spread the word and attend events when you can. It is a refreshing way to "boost" recovery.

The key recovery place is your home group. Please be sure that there are current meeting directories, an ample supply of literature, and a warm welcome for newcomers. Sharing your story or listening for an extra few minutes can make a difference.

Another "boost" to personal recovery is service! Help!!!

People are needed to take the phones, help in the office (shifts last 3 hours), sit at a table at a community event, attend a district meeting, be a coordinator for the AIS Council (see page 2). Would you be willing?

Literature is in good supply at the AIS office. Orders may be mailed to your home, picked up at the curb, or brought to Mercer Island every 2nd Thursday.

May your serenity grow this Fall!!

Office closed
 Monday Sept 4th
 Labor Day

Yours in service

Sandy L
 AIS Office
ais@seattle-al-anon.org
 206.625.0018

OFFICE COUNTS

Calls for July 2017	
Al-Anon / AT Info / AIS	87
Literature Orders	26
Community Outreach	6
AA / NA / Other	9
Email Requests for Info	12
TOTAL	140

Sales for July 2017	
Literature	37
Donations	24
Spare Change Cans	7
BITs Subscription	1
TOTAL	69

Where to Send Donations
Local AIS, Your District, WA Area, WSO

Al-Anon Information Service Make Check Payable to AIS	AIS 1402 Third Ave #803 Seattle, WA 98101
Washington Area Make Check Payable to WA Area	Carla S. B. treasurer@wa-al-anon.org
World Service Organization Make Check Payable to WSO	WSO 1600 Corporate Landing Pkwy Virginia Beach, VA 23454
District 14 Make Check Payable to District;14	District 14 ATTN: Veronica J district14@seattle-al-anon.org
District 15 Make Check Payable to District 15	District 15/16 AFG PO Box 1602 Bothell, WA 98041
District 16 Make Check Payable to District 16	District 15/16 AFG PO Box 1602 Bothell, WA 98041
District 17 Make Check Payable to District 17	Massy A. district17@seattle-al-anon.org
District 18 Make Check Payable to District 18	Grita P 206.625-0018 district18@seattle-al-anon.org
District 19 Make Check Payable to District; 19	Linda H. district19@seattle-al-anon.org
District 20 Make Check Payable to District 20	District 20 PO Box 31288 Seattle, WA 98103
District 21 Make Check Payable to District 21	District 21 PO Box 55306 Shoreline, WA 98155
District 22 Make Check Payable to District 22	Dana E. district22@seattle-al-anon.org

AIS July Income vs Expense

	July 2017	Year to Date
BITS Subscriptions	\$21.00	\$104.00
Can Appeal	\$0.00	\$980.11
Regular Donations	\$1,645.25	\$13,036.98
Spare Change	\$193.13	\$873.07
Events	\$0.00	\$12,888.33
Literature Sales	\$2,832.55	\$22,163.18
Total Income	\$4,682.93	\$50,045.67
Literature Cost	\$1,856.92	\$15,870.52
Total Expenses	\$5,836.17	\$39,810.80
NET INCOME	-\$3,010.16	-\$5,635.32

June 2017 Donations by District

Dist	Name	Amount
14	HEAR AFG	\$25.00
14	District 14	\$200.00
15	Bothell Monday Night AFG	\$38.87
15	Wednesday Women AFG	\$30.00
16	Friday Nooners AFG - Bellevue	\$150.00
16	Coal Creek AFG	\$10.00
16	Monday Nooners AFG	\$60.00
18	Sound Serenity AFG	\$10.00
18	Steps to Serenity	\$20.25
18	Step tp Serenity	\$25.00
18	Let it Begin With Me (Burien)	\$50.00
19	Paths to Recovery	\$60.93
20	Capitol Hill AFG	\$171.29
20	Queen Anne Mid Day AFG	\$75.00
20	Sun. AM Fresh Start Open AFG	\$100.00
20	Morning Serenity AFG	\$30.00
20	Paths to Recovery AFG - Capitol Hill	\$198.00
22	Northend Men's AFG	\$126.00
22	Terrace View AFG	\$50.00
24	No Reservations	\$1.94
24	Noon Group Bainbridge	\$30.00
	AIS Council Meeting	\$28.97
	Personal Donations	\$154.00
	TOTAL DONATIONS	\$1,645.25

July 2017 Spare Change Collection

Monday Morning Jump Start AFG
 Bothell Sunday AFG
 Serenity in Snoqualmie AFG



Pacific Parents AFG
 Meadowdale AFG
 Pathways to Recovery AFG (Capitol Hill)
 Burien Friday Night AFG

MEETING NEEDS SUPPORT	THUR 7:30 PM	EASTSIDE PARENTS AFG Faith United Methodist Church	Dist #16
NEW ALATEEN MEETING	MON 7:30 PM	LAKE CITY ALATEEN Lake City Presbyterian Church 3841 NE 123rd ST, Seattle, WA 98125-5799	Dist #21
NOT IN SESSION ON LEGAL HOLIDAYS—Will not meet on September 4th	MON 4:30 PM	3rd PLACE LITERATURE STUDY AFG Lake Forest Park Presbyterian Church 17440 Brookside Blvd NE, Lake Forrest Park, WA 98155	Dist #22
MEETING LOCATION CHANGE	WED 7:00 PM	ALDERWOOD AFG Maplewood Presbyterian Church 19523 84th W (corner of 196th), Edmonds, WA	Dist #22
MEETING MOVES TO NEW TIME	WED 7:30	AUBURN WEDNESDAY NITE AFG Zion Lutheran Church 1305 17th St. SE, Auburn, WA	Dist #14
MEETING MOVES TO A NEW TIME	WED 7:30 PM	AUBURN WEDNESDAY NITE ALATEEN AFG Zion Lutheran Church 1305 17th St. SE, Auburn, WA	Dist #14
MEETING DESBANDING	SAT 9:30	SATURDAY AM FRESH START University Congregational Church (Pilgrim Room) 4515 16th Ave NE, Seattle WA	Dist #20
MEETING SEPTEMBER 4TH AT COFFEE SHOP (VICTROLA COFFEE SHOP-411 15TH AVE E. SEAT-	MON 12 PM	Capitol Hill AFG St. Marks Cathedral 1245 10th Ave E, Seattle WA	Dist #20
NEW LOCATION	TUE 12:45 PM	Tuesday Reboot AFG (West Seattle) Fauntleroy Church (Library) 9140 California SW, Seattle, WA	Dist #19

The NEW Newcomer Pamphlet

The top seller and most useful “Newcomer Packet” (K-10) has a new presentation. It is now a pamphlet

Pictured here are the contents... and what had been separate items have been reprinted in this new format.

The price is the same: \$1.69 total with tax

The Item number is the same: K-10

The contents are the same: Bookmarks can be “torn out”

The format is convenient for storage.

Phone numbers can be written on the back page.

A woman at the Tuesday meeting commented that after coming for 3 weeks, she finally read it and found it most useful...

Keep Coming Back...



AIS Council Meeting Second Thursday of Every Month at 7:30 PM

All Al-Anon members are welcome & encouraged to attend,

In person, by phone, or by Skype

Holy Trinity Lutheran Church, 8501 SE 40th St, Mercer Island, WA 98040

Mark your Calendars!

Full day of Al-Anon September 30th in Ballard.

Al-Anon service can take many forms. Carrying the message can be as simple as one's attitude when commuting or purchasing groceries. My service began at the group level, picking up the room after the meeting. I could not yet share the program but found myself absorbing conversations as I did this simple task.

When AA (Alcoholics Anonymous) requests Al-Anon participation, our traditions state that we will participate.

Last year, the 3rd Annual AA Seattle Conference contacted Al-Anon with an invitation, and provided a large welcoming room. AIS officers and District Reps were just elected and willing to be on a committee, but not ready to chair a full day event. Following the words of our declaration, "let it begin with me," I asked for help. Soon a small committee with a past District Rep, long timer, group rep and a new member stepped up. The District and AIS acted as liaisons and we began.

As this event was modeled on the Burien Little Assembly (a Spring event that is 36 years old) this fledgling committee made some calls to share experience, strength and hope. They then dove into monthly meetings with the AA committee and Al-Anon only organization. The process of developing a day of recovery had surprises. Many were CC'd with minutes and sometimes there were more Al-Anon attendees than AA. They commented on our incredible organization, and we answered that had no idea what we were doing and just asking for help. Our small core committee grew and 60 people attended the Al-Anon program.

AIS Office Seeking a New Location

The AIS office lease is up in August 2018. The building is being sold. Rent is most certainly going to go up.

We are considering our options, including seeking a new location. We are interested in the member's "wish list" for a possible new location for the AIS Office. The committee is brainstorming right now so all ideas are welcome.

- What would be the perfect location for the AIS Office?
- What would the office look like?

Can you help us create a vision for the AIS Office going forward? Please send your comments to policy@seattle-al-anon.org

Thank you,

Bob F., Eliza D., and Elizabeth G., 2018 AIS Office Location Committee

It was an amazing day of sharing, panels, speakers, and great food.

You are invited! Service from groups and individuals is most welcome! Planning is underway...

The 4th Annual AA Seattle Conference, with Al-Anon program (in our own room) will be September 30, 2017 from Noon to 9pm. It will be at the Ballard Church, 1460 NW 73rd St, Seattle WA 98177. Al-Anon will again have its program of panels and meetings in the basement room. All meetings are open! The event is funded by 7th tradition donations, and snack donations are appreciated. The dinner is provided. (This year the menu is lasagna, salad, baked potato bar, and ice cream social.)

To ensure enough food, please register at www.seattlefallconference.com. Just click on the Al-Anon button. Or, you can call Kim H at 206-625-0018.

AIS Fall Auction Update

The October 28, 2017 auction will be mostly the same as the auctions have been in the past.

- The Live Auction with baskets & other items provided by groups and/or individuals
- The Silent Auction with items provided by anyone that has something to bring
- A White Elephant, and gently used items type of things.
- (we will locate the silent auction in the hallway directly on the opposite side of the room from the auctioneer. Look for the sign.)
- The Dessert Auction that a group or district will coordinate.
- The paddle raises
- And hopefully the Table Center Piece Auction

We are adding a Grab Bag sale. Two groups are putting together about 20 \$15 Grab Bags. What will be inside of them will be a surprise.

We are looing for a group or district would like to put together 10-20 Surprise Boxes, larger than the grab bags, which we would sell for \$30. Boxes should all have similar items in them.

Most of the baskets go for so much that some can't afford it, and feel that they can't help contribute to our AIS office. I thank people for speaking up and letting me know they want to be able contribute.

Please talk about this and see how you and your groups and districts would like to participate, in the Auction. And then please come join us for the fun, fellowship and support for AIS.

E-mail me with questions or comments at thespark@seattle-al-anon.org

Thank you



Sept 2	Sat 7 PM	No Reservations Speaker Meeting	Swinomish Gym 17311 Reservation Rd, La Conner, WA	John L. 206-625-0018 Noreservationsspeakermeeting@gmail.com
Sept 4	Mon	AIS Office Closed		206.625.0018 ais@seattle-al-anon.org
Sept 8 - 9	Weekend	WA AFG Speaker Conference	Green River College Auburn	district17@seattle-al-anon.org
Sept 9	Sat 7 - 8:30 PM	Voices of Hope With AA Participation	Poulbo First Lutheran Church 18920 4th Ave NE, Poulsbo, WA	Jan S 206-625-0018
Sept 9	Sat 7:30 PM	MESH	St. David Emmanuel Episcopal Church 18842 Meridian N, Shoreline, WA	Ann P 206-625-0018 mesh@seattle-al-anon.org
Sept 14	Thurs 7:30 - 9 PM	AIS Counsel Meeting	Holy Trinity Lutheran (upper lot) 8501 SE 40th, Mercer Island	206.625.0018 ais@seattle-al-anon.org
Sept 15 - 17	Weekend	Serenity on the Sound - Al-Anon Weekend Hosted by Districts 15/16	Seabeck Conference Center 13395 Lagoon Drive NW, Seabeck	serenityonthesound2017@gmail.com
Sept 16	Sat 7:30 PM	HEAR Speakers meeting with AA participation	Hillside Church 930 E. James St, Kent, WA	hear@seattle-al-anon.org
Sept 22-24	Weekend	6th Annual Wenatchee Roundup (Al-Anon Participation)	Red Lion Hotel 1225 N Wenatchee Ave, Wenatchee	www.wenatcheevalleyroundup.org
Sept 23	Saturday 1 - 4PM	AIS Board Meeting	N.E. Library 6801 35th Ave NE, Seattle, WA 98115	206.625.0018 ais@seattle-al-anon.org
Sept 28	Thursday 6:30 PM	Women Living in Focus 5th Thurs Speaker Meeting	Fauntleroy Church 9140 California SW, Seattle	
Sept 29	Friday 7:30 PM	Seattle Men's AFG 5th Fri Speaker Meeting	Calvary Lutheran Church 6801 Roosevelt NE, Seattle	
Sept 30	Saturday 12-9 PM	4th Annual Seattle Fall Conference AA w/Al-Anon program all day	Ballard Church 1460 NW 73rd St, Seattle	Kim H 206-625-0018 or AIS office-Help wanted
Oct 5	Thurs 7 - 9 PM	Tri-Annual Potluck & Speakers Meeting	St. Andrews Church 2650 148th AVE SE, Bellevue, WA	lakehillsafgdaynight@gmail.com
Oct 6 - 8	Weekend	WA Area Fall Assembly	Holiday Inn Express 8606 36th Ave NE, Marysville, WA	Tom 206-625-0018 wa-al-anon.org
Oct 21	Saturday	25th Annual Sponsorship Conference	STAR Center 3873 S 66th Street, Tacoma	www.sponsorshipconference.net
Oct 28	Saturday 5 PM	AIS Fall Auction	St. Andrew's Lutheran Church 2650 148th Ave SE, Bellevue	auction@seattle-al-anon.org
Oct 30	Monday 7-8:30 PM	Meadowdale AFG Speaker Meeting	St. Hilda's Episcopal Church 15224 52nd Ave W., Edmonds, WA	
Nov 3 - 4	Friday & Saturday	NW TEAM 2017	Holiday Inn - Portland Airport 8439 NE Columbia Blvd, Portland, WA	nwteam2017.org
Nov 11	Sat 6 - 9 PM	District 20 Annual Gratitude Potluck & Speaker Meeting	Queen Anne Lutheran Church 2400 8th Ave W, Seattle, WA	
Jan 20	Sat 10 AM - 2 PM	District 202 Workshop "A Roadmap for Living"	TBD Lynnwood, WA	
Jan 27	Saturday 6PM	MidWeek Men's Gratitude Dinner	Eastside Foursquare Church 14520 100th Ave NE, Bothell, WA	



THE DEADLINE for Oct, 2017 BITS is the AIS COUNCIL MEETING, September 14, 2017

Mark Your Calendar for the NEXT AIS COUNCIL MEETING on Thursday September 14 from 7:30 -9 PM
at Holy Trinity Lutheran Church, 8501 SE 40th St., Mercer Island, WA 98040

NEXT AIS BOARD MEETING, Saturday Oct 23, 2017 at 1 PM – 4 PM - Northeast Library, 6801 35th Ave NE, Seattle WA

BITS Subscription (Mail to AIS)

(Name) _____

(Address) _____

(City and State) _____

(Full Zip Code, please)

(phone number optional)

Suggested donation 1 year – \$ 8.00
2 years – \$15.00 3 years —\$21.00
Canada add US\$5 annually.
All other foreign add US\$10 annually.

Group Donations to AIS:

Payable to: AIS \$ _____

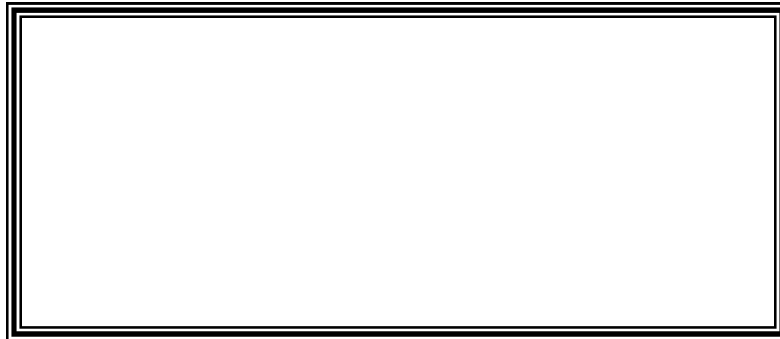
(Group Name or Meeting Location)

(Meeting Day & Time)

Group ID # _____ District # _____
(if known) (if known)

THANK YOU for your Support !!!

Mail to: AIS Office
1402 3rd Ave., Room #803, Seattle, WA 98101



RETURN SERVICE REQUESTED

NON-PROFIT ORG.
U.S. POSTAGE
PAID
SEATTLE WA
PERMIT NO. 468

1402 Third Avenue #803
Seattle, WA 98101-2118