



PLEASE CONSIDER SERVING AS AN AIS PHONE VOLUNTEER

Greater Seattle Al-Anon Information Service (AIS) is seeking volunteers to answer the 24-hour phone line (206-625-0000).

MORE THAN 160 SHIFTS ARE AVAILABLE EACH MONTH!

Many volunteers are needed, each giving a little time to keep our phone lines open to people looking for meeting information.

- Have the AIS office number forwarded to your home or cell phone.
- Help callers find meetings and answer questions about Al-Anon.
- Refer callers to phone numbers of outside organizations such as AA when needed.
- Connect callers who need to talk longer with members willing to make 12th-step calls.
- Shifts are 3-3.5 hours long or overnight.
- New and returning volunteers will receive a volunteer manual and a complimentary copy of the BITS with the volunteer schedule.

To sign up, please call 206-625-0018 or email to: volunteers@seattle-al-anon.org

Name:		Phone:
Mailing Address:		
City	State	ZIP
E-mail:		

Weekdays*: Mon Tues Wed Thur Fri
 7-9:30 am 3:30-7 pm 7-10:30 pm 10:30 pm-7 am

Weekends*: Sat Sun
 7-10 am 10 am-1 pm 1-4 pm 4-7 pm 7-10:30pm 10:30 pm-7 am

Or Mail to: AIS Office
 1402 3rd Ave Ste 803
 Seattle WA 98101-2118

*That Day's Scheduler will be in contact with you.